



## PENANG MEDICAL HEALTHY CHECK PACKAGE GLEANEAGLES MEDICAL CENTRE PENANG BY MALAYSIA AIRLINES (MH)



### Itinerary :

- Day 01 : Arrival in Penang Airport and transfer to Hotel.
- Day 02 : Transfer from Hotel – Gleneagles Medical Centre – Hotel.
- Day 03 : Transfer to Penang Airport.

Min. 02 persons traveling

Hotel	Executive "Golden Years" Profile >50 Years	Executive "Deluxe" Profile <50 Years	Executive "Premiere" Profile <40 Years	Executive "Standard" Profile <50 Years	Accompany Person
Berjaya Georgetown 4*	466	548	459	441	308
Cititel Penang 4*	475	557	468	450	317

### Package Include :

- ✓ International Ticket by Malaysia Airlines (change date allowed with USD50) Non Endorse/Non Refund
- ✓ 02 Night Accommodation with selected hotel
- ✓ Daily breakfast in accommodation
- ✓ Medical Healthy Check Arrangement with selected type
- ✓ Return transfer Airport-Hotel-Hospital-Hotel-Airport

### Package Exclude :

- ✓ Fiscal (Rp. 2.500.000 – Non NPWP) + Airport Tax Jakarta (Rp.150.000)
- ✓ International Fuel Surcharge & Airport Tax USD 112.00 (subject to changes)
- ✓ Personal Expenses (Mini Bar, Telephone, etc)
- ✓ Other condition are not mentioned above



Biaya Tour dapat berubah sewaktu-waktu TANPA pemberitahuan terlebih dahulu – disesuaikan dengan situasi dan kondisi yang berlaku apabila terjadi kenaikan harga tiket pesawat, hotel, perubahan kurs valuta asing, dsbnya. Demikian juga jadwal perjalanan dapat berubah sewaktu-waktu dikarenakan situasi / kondisi yang berlaku demi keselamatan dan kelancaran pelaksanaan tour.



## EXECUTIVE "GOLDEN YEARS" PROFILE

- ✓ Physical Examination by a *Consultant Geriatrician* with a report
- ✓ Detailed Geriatric Assessment including mental/memory assessment
- ✓ Visual Acuity
- ✓ Body Fat Measurement / BMI
- ✓ Radiology - Chest X-Ray
- ✓ Ultrasound Scan of the Abdomen plus Prostate for men or Pelvic Organs for women
- ✓ Electrocardiogram ( ECG )
- ✓ Laboratory Tests
  - Full Blood Count**
    - Haemoglobin
    - White Blood Count
    - Differential Count
      - Neutrophils
      - Lymphocytes
      - Monocytes
      - Eosinophils
      - Basophils
    - Total Red Blood Count
    - HCT (PCV)
    - MCV
    - MCHC
    - MCH
    - Platelet Count
    - ESR
  - Lipid Profile**
    - Cholesterol
    - Triglycerides
    - HDL/Cholesterol
    - LDL/Cholesterol
    - Total Cholesterol/HDL Ratio
  - Liver Function Tests**
    - Total Protein
    - Albumin
    - Globulin
    - Albumin / Globulin Ratio
    - Total Bilirubin
    - Alkaline Phosphatase
    - Gamma GT
    - SGPT
    - SGOT
  - Renal Function Tests**
    - Creatinine
    - Urea
    - Uric Acid
    - Calcium
    - Phosphate
    - Sodium
    - Potassium
    - Chloride
  - Tests For Diabetes**
    - Fasting Glucose
  - Others**
    - FT4
    - TSH
  - Urine Test**
    - Urine FEME
- ✓ Post Examination Review



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## EXECUTIVE "DELUXE" PROFILE

- ✓ Physical Examination by Specialist with a report
- ✓ Visual Acuity
- ✓ Body Fat Measurement / BMI
- ✓ Radiology
  - Chest X-Ray
  - Ultrasound Scan of Upper Abdomen
  - Ultrasound Scan of Pelvis (Lower Abdomen)
- ✓ Electrocardiogram ( ECG )
- ✓ Exercise Stress Test (Treadmill)
- ✓ Laboratory Tests

### Full Blood Count

- Haemoglobin
- White Blood Count
- Differential Count
  - Neutrophils
  - Lymphocytes
  - Monocytes
  - Eosinophils
  - Basophils
- Total Red Blood Count
- HCT (PCV)
- MCV
- MCHC
- MCH
- Platelet Count
- ESR

### Hepatitis

- HBs Ag
- HBs Ab
- HAV IgG

### Lipid Profile

- Cholesterol
- Triglycerides
- HDL/Cholesterol
- LDL/Cholesterol
- Total Cholesterol/HDL Ratio

### Urine Test

- Urine FEME

### Liver Function Tests

- Total Protein
- Albumin
- Globulin
- Albumin / Globulin Ratio
- Total Bilirubin
- Alkaline Phosphatase
- Gamma GT
- SGPT
- SGOT

### Renal Function Tests

- Creatinine
- Urea
- Uric Acid
- Calcium
- Phosphate
- Sodium
- Potassium
- Chloride

### Tests For Diabetes

- Fasting Glucose
- Glucose 2 hrs PP

### Others

- FT4
- TSH
- VDRL
- Blood Group



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## EXECUTIVE "PREMIERE" PROFILE

- ✓ Physical Examination by Medical Officer\*  
with a report
- ✓ Visual Acuity
- ✓ Body Fat Measurement / BMI
- ✓ Radiology
  - Chest X-Ray
  - Ultrasound Upper Abdomen
- ✓ Electrocardiogram ( ECG )
- ✓ Laboratory Tests

### **Full Blood Count**

- Haemoglobin
- White Blood Count
- Differential Count
  - Neutrophils
  - Lymphocytes
  - Monocytes
  - Eosinophils
  - Basophils
- Total Red Blood Count
- HCT (PCV)
- MCV
- MCHC
- MCH
- Platelet Count
- ESR

### **Hepatitis**

- HBs Ag
- HBs Ab

### **Lipid Profile**

- Cholesterol
- Triglycerides
- HDL/Cholesterol
- LDL/Cholesterol
- Total Cholesterol/HDL Ratio

### **Urine Test**

- Urine FEME

### **Liver Function Tests**

- Total Protein
- Albumin
- Globulin
- Albumin / Globulin Ratio
- Total Bilirubin
- Alkaline Phosphatase
- Gamma GT
- SGPT
- SGOT

### **Renal Function Tests**

- Creatinine
- Urea
- Uric Acid
- Calcium
- Phosphate
- Sodium
- Potassium
- Chloride

### **Tests For Diabetes**

- Fasting Glucose
- Glucose 2 hrs PP

### **Others**

- FT4
- TSH
- VDRL
- Blood Group



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## EXECUTIVE "STANDARD" PROFILE

- ✓ Physical Examination by Medical Officer\*  
with a report
- ✓ Visual Acuity
- ✓ Body Fat Measurement / BMI
- ✓ Radiology
  - Chest X-Ray
  - Ultrasound Upper Abdomen
- ✓ Electrocardiogram ( ECG )
- ✓ Laboratory Tests
  - Full Blood Count**
    - Haemoglobin
    - White Blood Count
    - Differential Count
      - Neutrophils
      - Lymphocytes
      - Monocytes
      - Eosinophils
      - Basophils
    - Total Red Blood Count
    - HCT (PCV)
    - MCV
    - MCHC
    - MCH
    - Platelet Count
    - ESR
  - Hepatitis**
    - HBs Ag
    - HBs Ab

### Renal Function Tests

- Creatinine
- Uric Acid

### Test For Diabetes

- Fasting Glucose

### Lipid Profile

- Cholesterol
- Triglycerides
- HDL/Cholesterol
- LDL/Cholesterol
- Total Cholesterol/HDL Ratio

### Liver Function Tests

- Total Protein
- Albumin
- Globulin
- Albumin / Globulin Ratio
- Total Bilirubin
- Alkaline Phosphatase
- Gamma GT
- SGPT
- SGOT

### Others

- FT4
- TSH
- Blood Group
- VDRL

### Urine Test

- Urine FEME



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